



Centre For Pelvic Reconstructive Surgery

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PELVIC RECONSTRUCTIVE SURGERY POST OPERATIVE ANTI-CONSTIPATION PROTOCOL

1. Commence Coloxyl and Senna 1 DAILY on Day 2 Post Op
2. Commence 1 sachet Movicol THREE TIMES ADAY on Day 3
(drink a jug of warm water two hours after taking Movicol)
3. Increase to 2 sachets of Movicol on Day 4 if not satisfactory
(drink a jug of warm water two hours after taking Movicol)
4. Consider Microlax enema if still no result.
5. Regular use of Movicol with Normacol after discharge.